

**CHILDREN AND YOUNG PEOPLE STRATEGIC PARTNERSHIP (CYPSP)
MINUTES OF EMOTIONAL AND BEHAVIOURAL DIFFICULTIES SUB-GROUP
THURSDAY 23 JANUARY 2014
COMMITTEE ROOM, SOUTH TYRONE HOSPITAL**

PRESENT:

Peadar White, CAMHS Head of Service, SHSCT (Chair)
Gemma Donnelly, Extern
Andrew Hawthorne, CSP Support Officer
Monica McCann, Barnardos
Pauline Curran, SELB Advisor
Stephen Bergin, PHA

APOLOGIES:

Maurice Leeson, Children's Services Planning, HSCB
Catriona Rooney, HSCB
Norma Patterson, Independent Rep
Bernie Tierney, Action for Children
Denise O'Hagan, PHA
Mary Donaghy, Social Care Commissioning Lead, HSCB

MINUTE TAKER:

Leanne Barry

PREVIOUS MINUTES

Agreed.

ANALYSIS OF ACTION PLAN

Community HUBs – it was recommended that the development of Community HUBs was vital with dedicated Mental Health Practitioners to sit on every HUB panel. The Southern Trust have committed a Primary Mental Health Worker to each HUB and feedback to date has been positive. Regionally funding has been secured to develop Primary Mental Health Workers in each Trust area and while it was acknowledged that not all HUB areas are as developed it has been agreed that the model in the Southern Trust will be replicated regionally. Pauline added that Education are now also represented on HUB panels. It was therefore felt that the target set had been achieved.

Tier 2 Development – Funding has been provided to develop the model in the Southern Trust regionally and Tier 2 posts are currently being recruited, which will engaged children and young people much earlier. All Community/Voluntary agencies categorised as being providers of Tier 2 services have been identified and threshold

criteria, standards, outcomes etc are being looked at. A draft paper has been compiled and Gemma advised that she will share this with the group. Peadar added that a clinical opinion would also be sought.

➤ **Action – Gemma to circulate draft paper to the forum.**

A possible confederation of groups was also to be looked at and while a list of Tier 2 providers has been compiled nothing has been agreed as to whether this constitutes a confederation. Gemma noted that the finalised list will be in the form of a handbook/reference book outlining the service provided. It was therefore felt that two of the three areas identified have been achieved with the third area to be achieved in the near future.

IMH – Awareness raising, an IMH Strategy and development of services were identified actions. The PHA have undertaken a huge awareness raising campaign, there is now a very clear IMH Strategy in place and IMH has been recognised as CAMHS core business. The Board and CAMHS Managers regionally have agreed that the model in the Southern Trust is to be replicated and each CAMHS area is to develop an IMH support group consisting of a range of professionals. It was therefore felt that that the target set had been achieved.

Peadar advised that at a meeting on Monday, quite a few Chairs felt that targets had been met and potential new areas should now be targeted, ie interface with CWD, LGBT, BME, young people on the edge of custody, substance misuse, etc. Andrew acknowledged that there is a new planning cycle beginning and action plans are to be reviewed and updates as to what has been achieved and signed off by CYPSP. Once these scorecards are signed off the group will then be able to move into new areas. It was therefore felt that Peadar and Andrew would meet to complete the scorecard for signing off and for the group to look at other potential areas.

➤ **Action – Peadar and Andrew to meet and complete the scorecard for signing off by CYPSP.**

Full School Model – Difficulty in achieving this action was acknowledged with a reliance of Principals to actively engage with the model. Pauline advised that people in strategic posts have been influenced and the Department are now working on promoting emotional well-being via the Early Years Project, Nurture Groups, etc. It was felt that the direction of travel now was to draw up an analysis of all programmes delivered in Nursery, Primary, Post Primary and Special Schools and to encourage schools to participate. In addition the importance of emotional well-being and mental health will be highlighted via teacher training and ascertain whether emotional well-being modules are compulsory and if they can be improved.

Peadar noted that Tier 2 in the AD area have been piloting a programme in five Post Primary Schools in the area called “I Gotta Feeling” that has been positively received. The programme is to be replicated in the Armagh area following some suicides at Christmas and interface with the Community/Voluntary sector and Education is needed.

Discussion followed around the importance of communication between agencies so as to reduce duplication and it was agreed that information should be shared via HUBs.

REGIONAL UPDATE

Andrew noted that membership was discussed at Monday's meeting and according to the Terms of Reference membership is to be refreshed three yearly. It was decided on Monday that membership will be controlled centrally and a communication is expected re same.

Communication was also discussed and as a way of linking groups together it was agreed that key messages from meetings would be circulated immediately following meetings and minutes would follow. In addition what has been achieved, done well, etc within each group should be highlighted and this will be followed up. Andrew noted that the e-Zine is monthly and there is pressure to fill it.

A review of attendance was also discussed and given the potential change in the Action Plan new recruits to the forum will be sought.

AOB

The final NICCY Adolescent Suicide Report was circulated to the forum for information.

Dates of Next Meeting

Thursday 27 March 2014 @ 10.00 am in Committee Room, STH

Thursday 29 May 2014 @ 10.00 am in Committee Room, STH

Thursday 24 July 2014 @ 10.00 am in Committee Room, STH

Thursday 25 September 2014 @ 10.00 am in Committee Room, STH

Thursday 27 November 2014 @ 10.00 am in Committee Room, STH