

Quality Care - for you, with you

Southern Area Outcomes Group

Notes of a meeting held on Friday, 8 February 2013 at 9.30 am in
the Boardroom, Trust Headquarters, Craigavon Area Hospital.

Present:

Paul Morgan, Chair, SHSCT
Colm McCafferty, SHSCT
Catriona Regan, Banbridge Borough Council
Julie Patton, HSCNI
William McCallum, PSNI
Michael Heaney, Youth Justice Agency
Ann Hardy, HSCNI
Gerry Bleakney, PHA
Gerard Houlahan, Armagh & City District Council
Geraldine Maguire, SHSCT
Nicola Topping, SELB
Nicola Lane, Craigavon Borough Council
Una Magee, Barnardos
Stephen Smith, CIP
Una Walsh, Policy Worker
Peadar White, SHSCT
Deirdre Wiggins, NIHE
Marie Kavanagh, Gingerbread NI
Jackie Valentine, Parenting NI
Mairead Abraham, HSCNI
Sandra Couser, Parenting NI

Apologies:

Drew Neill, Voypic
David Douglas, SHSCT
Valerie Maxwell, HSCNI
Claire Linney, Dungannon Council
Shirley Gillespie, Toybox
Allison Patterson, HSCNI
Una Geelan, HSCNI

1.0 Welcome and Introductions

Paul welcomed members to the meeting.

2.0 Apologies

Apologies were noted as above.

3.0 Minutes of previous meeting

The minutes of the previous meeting held on 5 December 2012 were agreed as an accurate record.

4.0 Draft Plan for Southern Zone Social Investment fund

Paul welcomed Sarah Cherry to the meeting and invited her to give an overview of the Social Investment fund together with the procedure for processing funding applications.

Sarah commenced by advising that the Social Investment is focused on supporting communities to increase employment opportunities, tackling issues such as mental and physical health, increasing services in the community by improving existing facilities and addressing dereliction in order to make areas more appealing for investment.

Sarah continued to explain that the fund is being delivered in partnership with communities across nine social investment zones. Each zone has a steering group with up to 14 members from the business, political, statutory and voluntary and community sectors. The steering groups for each zone will identify areas which are eligible to seek funding.

The meeting noted that the Southern Zone submitted its draft plan at the end of January 2013 and the final plan needs to be with the OFMDFM by the end of February 2013. The plan will be assessed and successful applicants will be notified by end of April 2013. Six capital and four revenue projects have been submitted for the Southern area with areas including early intervention, family

support, extension of early years provision, increased parent-child school learning opportunities and Mentoring being targeted.

The meeting agreed that these themes are very much related to the Outcome Group's action plan, however, it is important that there is no duplication. There also needs to be strong links to the Family Support Hubs.

Sarah explained that due to timescales new models were not developed from scratch and that models which were already up and running were used. Jackie stated that this may be an opportunity to include other services and areas which have not received previous funding. Mairead referred to Surestart and advised that the Banbridge scheme is due to commence soon and asked if it is envisaged that there will be an extension of the Surestart scheme to other areas. Sarah stated that this needs further discussion.

Discussion followed and Sarah stated that confirmation of funding should be received by early May. Paul stated that as there are tight timescales, there is an onus on this group to put forward new service proposals. Sarah stated that any new proposals need to be backed up by supporting evidence and statistics. Sarah also advised that it has not been agreed yet how the services will be delivered and this will be subject to procurement.

In conclusion, Paul agreed to circulate to members email from Sarah which outlines main target areas. Sarah stressed that this information is highly confidential and should not be circulated outside the group.

5.0 Promoting Good Mental Health Amongst Children & Young People

Peadar White attended the meeting and gave a presentation regarding promoting good mental health amongst children and young people.

Peadar reported that he chairs a Regional Group which has membership from various Agencies including Public Health Agency, Education, Barnardos, Voypic and Extern.

Peadar continued to report that a draft action plan has been completed and working groups have been identified to deliver the plan. The meeting noted that priority issues for CYPSP are:

- Infant Mental Health
- Full Service Schools – model to be progressed which emphasises collaborative working at all levels ensuring a range of early intervention services are available in schools.
- Linking with Family Support Hubs
- Reviewing Tier 2 Services

Peadar explained that the SHSCT Tier 2 CAMHS are now core members of all HUB locations and feedback has indicated that this brings specialist emotional and mental health expertise to decision making and provides an early intervention dimension.

With regards to full service schools, the meeting noted that a working group has been established and there is linkage with the education sector locally and regionally.

Discussion followed regarding Infant Mental Health and Peadar informed the meeting that the SHSCT launched i-CAMHS in October 2012 and now has the first dedicated service of its type in the region. Links have been established with LAC Services, Family Nurse Partnerships, Maternity/Midwifery, Adult Mental Health Services and Addiction Services. Clinics are now operational and the service is accessed by referral.

Catrina reported on work which is ongoing with schools in the Banbridge area and explained that very often there are difficulties in engaging with parents. Discussion followed regarding employing different strategies to engage with parents including use of modern technology eg., Skype. Peadar also advised that the message at all levels is that bonding between the child and the parent is key.

Peadar referred to funding and informed the meeting that one part-time Band 6 staff member is employed in the Infant Mental Health Service and already the benefits of this person are evident. Following discussion the meeting agreed that the Infant Mental Health Service needs additional support and that the Outcomes Group should drive this message up to the Partnership and ask them to lobby on their behalf. Gerry also agreed that, as there is a

demographic pressure and a growing need, she would raise with Allison Patterson or the chair of the Local Commissioning Group.

6.0 Matters Arising

6.1 **Poverty**

Paul confirmed that he had circulated to members some initial thoughts/ideas on potential wording for inclusion in the Action Plan. Paul referred to Information received from Claire Linney regarding the impact of poverty on families. Discussion took place regarding welfare reform and the implications this will have on families. It was agreed that this needs to be built into the service specification.

6.2 **Performance Indicators**

Paul asked members for thoughts/suggestions regarding performance indicators and Ann suggested that the group revisit this at the next meeting. It was also agreed that information previously collated by Valerie Maxwell should be considered at this meeting.

6.3 **Update on Funding**

At this stage in the meeting Colm gave an update regarding the sub-group which met to consider new service proposals and the specification arising from outcomes investment. Colm reported as follows:

- The sub-group was tasked with considering areas/issues which should be prioritised for investment/service development.
- Following a request to Southern Area Outcomes Group members, submissions were received from four agencies.
- Finances - £360K over 2 years with the potential extension of one further year.
- Some of the target areas which were proposed by the sub-group included – specialised family support for targeted young and first time parents; family support services which can be delivered within the community; mental health of the whole family; services/supports to facilitate inclusion, participation, raising aspirations and achievement and prevention of

offending. It was agreed that there will be interlinkage between all target areas.

Colm continued to explain that notification of this year's money needs to go out by the end of September. The meeting noted that strict procurement rules need to be taken into consideration and it was agreed that discussion is, therefore, needed with the Trust and Board Contracts Department.

Colm referred to the specification and stated that members of the Outcomes Group need to agree and contribute to this. The specification needs to be finalised by the end of next month. Discussion ensued, the group agreed to target areas as follows:

- (1) Specialised Family Support Services for targeted young and first time parents. Services to include a combination of parenting work and the provision of practical support which can be delivered in the home on a flexible basis.
- (2) Family Support Services which can be delivered within the community.

It was also agreed that the group should try to achieve the other target areas through the above two target areas.

It was agreed that Colm and the Sub-Group should meet before the end of February to finalise target areas. Proposals will then be circulated to members for urgent comment. A meeting will also need to take place with the Trust Contracts Department. The meeting noted that the specification will not come back via the Outcomes Group. Ann reported that she can provide an update regarding progress at Outcomes Group meetings.

ACTION:

Meeting of sub-group to take place during February 2013 and proposals to be circulated to members for urgent comment.

6.3 Hard to Reach Young People

Nicola advised that a meeting regarding the above has not yet taken place. It is hoped that an update can be provided at the next meeting.

7 Proposed Task Document for Southern PRG Linked to Planning

Sandra Couser, Parenting NI spoke to above. Sandra reported that a meeting with parents from the Southern Area is taking place on 25 February 2013 and she welcomed any feedback/direction from the Outcomes Group. Discussion followed and it was agreed that Julie Patton should attend part of the meeting and raise awareness of volunteering with the possibility of increasing involvement of parents. It was also agreed that the views of parents should be sought regarding the two broad target areas which have been agreed by the Outcomes Group together with any key issues they feel should be included in the specification. Dental registration for children should also be raised.

8 Parenting NI – Parenting Programmes

Jackie reported on difficulties Parenting NI is experiencing in recruiting parents for some of the parenting programmes. Jackie in particular highlighted a 4 week programme regarding preparation for parenting which is being held in Newry and Dungannon. Discussion followed and it was agreed that Jackie should forward the relevant information to members so that they can use their contacts in order to increase awareness.

ACTION: Jackie to forward relevant information to members for appropriate action.

9 Locality Updates

Julie tabled update report for Jan/Feb 2013. Members noted that there are now five Locality Planning Groups in the Southern area and that volunteer youth fairs are ongoing during March and April 2013. Julie also tabled reports regarding a proposal to extend a community based tuition pilot and Milkshake and Maths (GCSE) Pilot in Armagh during April to June 2012.

10 Any other Business

There was no other business raised.

11 Date of Next Meeting

The next meeting was agreed for 9 April 2013 at 9.30 am in the Boardroom, Trust HQ, Craigavon Area Hospital.