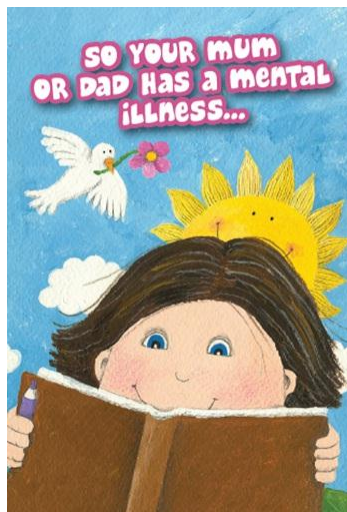


## **Think Family Awareness Sessions**

The Regional Think Family Sub Group of the Children and Young People's Strategic Partnership (CYPSP) has overseen the development of two leaflets on parental mental health. The leaflets have been developed by Participation Network as a direct result of the CYPSP Think Family Action Plan under the theme of improving communication and information sharing among professionals. The two leaflets are designed to capture the key messages of parental mental health in a way that is relevant for children and also for an older audience of young people. The Regional Think Family Sub Group are holding Awareness Sessions in each Health and Social Care Trust area to launch these leaflets and also to raise awareness of the Think Family Sub Group, the work they are undertaking, and the work of the Think Family Interface Groups in each of the Health and Social Care Trusts. These sessions are aimed at Adult Mental Health and Family and Childcare staff within the Health and Social Care Trusts.

## **Think Family Leaflets**



[So Your Mum or Dad Has a Mental Illness: Young People's version](#)



[So Your Mum or Dad Has a Mental Illness: Teenagers version](#)

## Dates of the Think Family Awareness Sessions

<b>Area</b>	<b>Date</b>	<b>Venue</b>
Belfast HSC Trust	Wednesday February 26 <sup>th</sup> 2014 10am-12pm	Room 1.4, Clady Villa, Knockbracken Healthcare Park, Saintfield Rd Belfast BT8 8BH
South Eastern HSC Trust	Friday 7 <sup>th</sup> March 2104	Trinity Methodist Church, Knockmore Road, Lisburn, Co. Antrim, BT28 2EA
Southern HSC Trust	Wednesday February 12 <sup>th</sup> 10am- 12pm	The Minor Hall, Portadown Town Hall, 15 Edward St. Portadown, BT62 3LX
Northern HSC Trust	Friday February 28 <sup>th</sup> 2014 10am-12pm	All Saints Parish Church, 9 Cushendall Rd, Ballymena BT43 6HA
Western HSC Trust	Wednesday Thursday 20 <sup>th</sup> 2014 10am-12pm	Fir Trees Hotel, Strabane, Dublin Rd, Strabane, BT82 9EA

For more information about the Think Family Group and the work they are undertaking please see the CYPSP Think Family Subgroup page; [http://www.cypsp.org/think\\_family.htm](http://www.cypsp.org/think_family.htm)

For more information about the Think Family Awareness Sessions please contact Andrew Hawthorne by email at: [Andrew.hawthorne@hscni.net](mailto:Andrew.hawthorne@hscni.net) or by telephone on (028) 9055 3979.